Bio of Paul McWilliams



It was the spring of 2005 when I got reacquainted with my old passion for bicycle riding. I had just moved to Plymouth Massachusetts and discovered I was living adjacent to Myles Standish State Forest, a place of paved roads and very little traffic, hence a haven for bike riding. Not long after I realized that my bike riding bliss would be halted by the inevitable coming of winter. I took to the internet to search for a similar bike riding haven with the added distinction of being located in a warm climate. I soon found the Withlacoochee Rail Trail and the city of Inverness. The decision was made to make the move to Inverness. I arrived on October 5, 2005. So, when someone asks what brought me to Citrus County, I reply, "the trail" and people know what I am talking about. We trail lovers are legion.

Not long after I was talking with a family friend, and she was extolling the virtues of Unity Church. Because Citrus County is off the beaten path, I had little hope of finding a Unity Church in the community. Then the discovery was made of Unity of Citrus County. By this time, it was either 2006 or 2007. It has been a while. I attended a couple of Sunday services and soon thereafter I began to take some classes. That became my pattern, an occasional Sunday service as well as an occasional class. This remained my pattern aside from a six-year absence due to my mother's battle with cancer. I returned to Inverness in 2016 and got reacquainted with Unity. I resumed my occasional Sunday service and occasional class.

Fast forward to the summer of 2023 when I began a class being taught by Reverend Luz titled "Lessons in Truth." Reverend Luz concluded the class by posing a question to all the students. She asked, "What are you going to do to continue your spiritual growth?" My response was that I would make an effort to be in regular attendance at Sunday Service. Soon after I took the class "The Five Principles of Unity" that is required for church membership and became, at long last, a member of Unity of Citrus County. Not long after I began serving as a Greeter and now, I am being asked to serve as a board member. I come with an open mind and will do my best in service to the church should I be appointed to the board.

As a lifetime learner I have found Unity and its bookstore a perfect fit. I have long been transfixed by the wonders of life and have long believed in a higher power. There have been many occasions in my life where I have been compelled to believe that God was doing for me what I couldn't do for myself. As result I have developed a heart filled with gratitude.

I will close with a quote by Albert Einstein:

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

If you would be interested in my 20 plus year work history as an RN, simply ask. I can tell you this much. I found work as an RN to be daunting and stressful. I am happily retired. I hope to be a fixture at both Unity of Citrus County and out on the Withlacoochee Rail Trail for my remaining days, "One day at a time."

Sincerely, Paul McWilliams